

# OUR MENU



## MAINS

### BROWN STEW CHICKEN £7.50

Slow cooked tender and flavourful chicken, marinated in a series of aromatic Caribbean spices served in a rich gravy

### ACKEE & SALTFISH £8

Jamaica's national dish, a unique blend of salted cod, freshly chopped peppers & spices, complimented by the subtle flavours of Ackee

### JERK SWEET POTATO AND BLACK BEAN CURRY VG £6.50

Sweet and fragrant Caribbean vegetable curry with a spicy kick

## SIDES

### FRIED DUMPLINGS (X3) £2

### FRIED PLANTAIN £1.50

### RICE AND PEAS £3.50

### BOILED RICE £3

### CREAMY COLESLAW £2

### RASTA GREENS VG £3.50

Fresh greens, finely chopped, seasoned and steamed down in their own juices

## SOFT DRINKS

### CAN OF TING £1.75

### CAN OF COCA COLA £1.75

### BOTTLED WATER £1.50

## LIGHT BITES

### JERK CHICKEN WINGS (X5) £4

Chicken Wings marinated in our homemade spices with added sweet flavours and a subtle Jerk Spice (If you can handle that extra fire then just let our chefs know for the extra hot blend!)

### SALTFISH FRITTERS £4

Spiced Salted cod with sweet peppers and garlic, crispy on the outside and soft on the inside!

## SALADS

### AVOCADO SALAD £5

All of your salad favourites with diced Avocado and Lemon

### SOUL & SPICE SALAD £6.50

### OPTION TO ADD GRILLED CHICKEN BREAST £3.50

All of your salad favourites with our homemade Soul and Spice Salsa and spicy croutons

## SAUCES

### SWEET CHILLI SAUCE £1

### S&S HOT PEPPER SAUCE £1

(very hot!!)

## FRESH JUICES

### CARROT JUICE £3.50

VG = VEGAN

If you have any special dietary requirements or allergies please make us aware in the delivery notes, alternatively feel free to give us a call and ask for a manager!